



NATIONAL NUTRITION CONCLAVE

One Health Through Agriculture, Food System & Nutrition

Jointly Organised By



ICAR-CPCRI
CENTRAL PLANTATION
CROPS RESEARCH INSTITUTE
KASARAGOD



24, 25 SEPTEMBER 2026
ICAR – CPCRI KASARAGOD, KERALA

A NATIONAL CONCLAVE ON ONE HEALTH WHICH WILL CONNECT
AGRICULTURE, FOOD SYSTEMS AND NUTRITION FOR SUSTAINABLE HUMAN,
ANIMAL AND ENVIRONMENTAL WELLNESS.

BETTER LIFE FOUNDATION INDIA

Is a registered non-governmental organization (NGO) established in 2015 and registered as Better Life Foundation Charitable Trust (Reg. No. 148/IV/2015). For over a decade, the organization has been committed to fostering sustainable social development through education, community empowerment, environmental conservation, healthcare and youth engagement across South India.

Driven by a vision of creating inclusive and sustainable communities, the Foundation collaborates with educational institutions, government agencies, industry partners and local communities to implement impactful initiatives. Its work spans diverse areas including education and skill development, food sustainability and nutrition, digital literacy and artificial intelligence, environmental conservation, menstrual hygiene awareness, disability inclusion, mental health, legal literacy, youth leadership and community welfare.

Recognized as a Great Place To Work® Certified™ organization (2024–2025 & 2026–2027), Better Life Foundation India is committed to transparency, innovation and excellence in community service. Through strategic collaborations with academic institutions, corporate organizations, government bodies and social partners, the Foundation has successfully implemented sustainable, community-driven programs that create lasting impact.

Guided by the philosophy of “One World, One Humanity,” Better Life Foundation India strives to build an inclusive, equitable and sustainable society by empowering individuals through education, innovation, collaboration and social responsibility. With a strong focus on grassroots development and sustainable solutions, the Foundation continues to inspire positive change and improve the quality of life for communities while nurturing future leaders committed to social transformation. In 2026, Better Life Foundation India proudly celebrates its 11th anniversary, marking over a decade of dedicated service, community empowerment and sustainable social development across South India.



ICAR – CPCRI, KASARAGOD

The ICAR-Central Plantation Crops Research Institute (ICAR-CPCRI), Kasaragod, established in 1916, is one of the premier horticulture research institutes under the Indian Council of Agricultural Research, New Delhi; mandated to work on coconut, arecanut, cocoa and palmyrah. The Institute has two Regional Stations (Kayamkulam in Kerala and Vittal in Karnataka) and three Regional Centres (Kidu in Karnataka, Kahikuchi in Assam and Mohitnagar in West Bengal). The Institute also holds the International Coconut Gene Bank for South Asia & Middle East at Kidu. The All India Coordinated Research Project on Plantation Crops operates in CPCRI with 28 centres in 14 states to validate technologies developed by the Institute. Two Krishi Vigyan Kendras (Kasaragod & Alappuzha) conduct agricultural extension activities.

The research programmes of the institute are organized under five divisions viz. Crop Improvement, Crop Production, Crop Protection, Physiology, Biochemistry and Post Harvest Technology, and Social Sciences. The Institute offers higher education facilities on plantation crops to postgraduate students and research scholars under the ICAR, as well as incubation facilities for young entrepreneurs. The Institute has state-of-the-art laboratories and experimental fields for carrying out its research.

Over the 110 years, the ICAR-CPCRI has made significant contributions towards developing many new varieties and hybrids, developing climate-resilient technologies, promoting sustainable farming systems, integrated pest and disease management, natural resource conservation and post harvest value addition. Through multidisciplinary research, technology transfer, farmer training and extension activities, CPCRI has played a pivotal role in strengthening the plantation crop sector and enhancing farmers' livelihoods. Its commitment to scientific innovation and sustainable food systems aligns closely with the goals of this conclave, making it an ideal partner in advancing discussions on agriculture, food sustainability and nutrition for human, livestock and environment.



ABOUT KASARAGOD

Kasaragod, located in the northern most part of Kerala, is administrative headquarters of Kasaragod District in the state. Kasaragod is also known as Sapta Bhasha Sangama Bhoomi (The Land of Seven Languages). Situated in the rich biodiversity of Western Ghats, Kasaragod is a hidden gem of the Malabar Coast, located on the estuary where the Chandragiri River empties into the Arabian Sea, and is home world famous Bekal Fort; the largest fort in Kerala. Other tourist attractions include trekking to natural environment of Ranipuram and Kottancheri Hills, historical and religious sites like the Madhur Temple, Anathapuram Lake Temple, Bela Church and Malik Dinar Mosque. The historic hill of Ezhimala is located on the southern portion of Kawayi Backwaters of Nelishwaram. Talakaveri, home to Talakaveri Wildlife sanctuary and where the 805 km long Kaveri River originates, is located closer to Ranipuram on the Kerala-Karnataka border.

WEATHER IN KASARAGOD

Kasaragod typically experiences warm weather during September with possibility of few rains. Day time (Max) temperature is around 28°C to 32°C and night time (Min) is around 20°C to 25°C. The humidity level could range between 60 -80%.

Light cotton clothes would be preferable.
Carrying an umbrella is advised.



Reaching Kasaragod

ICAR-CPCRI is well-connected by road, rail, and air

- **By Air:**

The nearest airport is Mangalore International Airport (IXE), approximately 55km away. This is the most convenient airport for reaching Kasaragod. Other nearby airports include Kannur (CCN), about 90 km away, and Calicut (CCJ), approximately 185 km away.

- **By Train:**

The nearest railway station is Kasaragod Railway Station (KGQ), which is about 5km from the ICAR-CPCRI campus. Kasaragod is on the major railway line connecting cities like Mangalore, Bangalore and Thiruvananthapuram. Alternatively, you can alight at Mangalore central (MAQ) or Mangalore junction (MAJN), which is approximately 50 km away.

- **By Road:**

The institute is located near National Highway 66 (NH66), which connects major cities along the west coast of India, making it accessible by bus or car. The Kasaragod bus stand is about 4 km from the campus, and taxis or auto rickshaws can be hired to reach the institute. It takes about 1.0 to 1.5 hours to drive from Mangalore to CPCRI via NH66 (National Highway).





About the **Conclave**

Theme

One Health Through Agriculture, Food System & Nutrition

through agricultural and food systems is essential for building a resilient, nourished nation. As global food systems face interconnected challenges—such as climate vulnerability, zoonotic risks, soil degradation, and widespread malnutrition—the One Health approach offers a unified path forward. This theme emphasizes the integration of sustainable farming, climate-smart food production,

biofortification, and eco-friendly livestock practices to protect ecosystem well-being. By fostering cross-sector collaboration and knowledge sharing among changemakers, the national conclave aims to drive innovative solutions that reimagine nutrition, improve public health, and ensure long-term environmental sustainability for future generations.

Objectives

- Promote sustainable, resilient and nutrition-sensitive food systems. Encourage innovation in agriculture, food processing, nutrition and value addition.
- Facilitate knowledge exchange through keynote lectures, technical sessions and panel discussions.
- Foster collaboration among academia, industry, policymakers, farmers, entrepreneurs and development organizations.
- Showcase emerging research, technologies and best practices in food sustainability and agriculture.
- Inspire students and young researchers to develop innovative solutions for future food challenges.
- Strengthen partnerships that support sustainable agricultural development and improved nutrition security.
- Create a platform for networking, interdisciplinary collaboration and meaningful dialogue on global and national food sustainability challenges.

Highlights of Conclave

Keynote Lectures

Research Poster Presentations

Panel Discussions

Exhibition & Stalls

Expert Interactions

Networking Opportunities

Innovation Showcase

Certificates for Participants

Technical Sessions

Session 01 : Healthy Agroecosystems

Covering Soil and Plant Health, Climate resilient and nutrient dense Indigenous foods, Sustainable crop, forestry and livestock production, Circular bioeconomy and waste recycling, Biodiversity and Environmental health

Session 02 : Healthy and Safe Food

Covering Fresh and processed food, Food safety and quality assurance, Post-Harvest Management, Food loss reduction, Climate-smart food value systems

Session 03 : Healthy Nutrition for Human Livestock

Covering Malnutrition, Non-communicable diseases, Diet diversity and food security for different stakeholders, Functional foods and nutraceuticals, Pre, Pro, and Postbiotics

Session 04 : Innovations, Policy Partnership for One Health

Covering Economics of Malnutrition & poor health, One Health Awareness & Governance, Good Agriculture Practices, Food Safety Regulations, Public policy & community participation, AI in One Health.



Panel Discussion

Can Sustainable Food Systems Solve India's Nutrition Crisis?

Presentation Categories

- Oral Presentation
- Poster Presentation

- Abstracts for oral and poster presentations are requested from the participants for the 4 technical sessions mentioned.

Abstract Guidelines

- The abstract should be original and unpublished
- Maximum 250 words
- Include Title, Authors, Affiliation, Introduction, Objectives, Methodology, Results and Conclusion
- Font: Times New Roman, Size 12, Line spacing 1.5
- Submit in MS Word (.doc/.docx) or PDF format
- The presenting author must complete the registration.

- **Important Dates**

- Abstract Submission
- Opens : **July 22, 2026**
Last Date for Abstract
- Submission: **September 10, 2026**
- Notification of Acceptance:
September 15, 2026
- Conclave Dates:
September 24-25 2026

- **Abstract Submission**

Selected abstracts will be considered for oral or poster presentations based on the recommendations of the Scientific Committee.

- **Who Can Participate?**

- Undergraduate Students
- Postgraduate Students
- Research Scholars
- Faculty Members
- Industry Professionals
- Entrepreneurs

- **Why Attend?**

- Learn from leading experts. Present your research.
- Network with scientists and industry professionals.
- Explore innovative technologies. Gain insights into sustainable Agriculture and nutrition
- Receive a certificate of participation

FEES STRUCTURE

Category	Early Bird(31th August)	Spot Registration
Students (UG/PG/Research Scholars)	₹ 2,000	+500
Industry Professionals / Faculty Experts	₹ 4,000	+500

- Registration includes 2-day conference access, conference kit, certificate, and Breakfast, Lunch & Dinner for both days.

Accommodation Details (Ac/ Non Ac available)

Name	Coordinator	Phone Number
City Tower Hotel	Mithun	9656230562
Kalluvalappil Holiday Inn	Shanib	9895077110
Emirates regency	Hameed ali	9895037394
Landmark inn	Latheef	9895414166
Mali tourist home	Manikandan	8156847151
Capitol inn	Abi	7356500740
Bosco lodge	Nasir	9847144244
Udupi GardenINN	Mahesh	9526231291
Pwd kerala		www.pwd.kerala.gov.in (Bookings are Available one Month Prior)
Pwd guest House		stateprotocol.kerala.gov.in

Accommodation Disclaimer:

Prices and availability are not controlled by the organizers; bookings are subject to hotel policies and are at participants' own risk.

Taxi Service

Name	Phone Number	Car Model
Udayan Kasaragod	8891848044	Etios Toyota
Thejendran	7012748891	Etios Toyota
Padmanaban	8078766009	Innova crysta
Krishna KT	9142194004	Swift desire
Shanil	9847573132	Etios Toyota
Devi travels (Shanil)	9847573132	Any type of vehicle

Taxi Service

(Standard rate for 80 Km - Rupees 2500. After 80 Km, ₹18 will be charged for per kilometre)

Taxi Service Disclaimer:

Rates are indicative and may vary; services are independent, and all bookings and travel are at participants' own risk.

Team Conclave Organising Committee

Chief Patron



Dr. KB Hebbar

DIRECTOR
ICAR - Central Plantation Crops Research
Institute (ICAR-CPCRI) Kasaragod

Core Organising Committee

Chair



Dr. Murali Gopal

HEAD
Division of Physiology, Biochemistry
and Post Harvest Technology
ICAR-CPCRI, Kasaragod

Co-Chair



Mohandas
FOUNDER & CHAIRMAN
Better Life Foundation India

Convenor



Anagha MB
DIE TITIAN & PUBLIC HEALTH
NUTRITIONIST
Better Life Foundation India

Academic



Dr. Karthika
BAMS, MPH
Research Scholar in Central
University of Kerala
ACADEMIC GUIDE
Better Life Foundation India

Hospitality



Dr. Shruthi
BAMS, MD, PGDCP
Co-Founder - The NEST
Post Natal Care
HEALTH & HYGIENE HEAD
Better Life Foundation India

Program



Akshaya K
PROGRAM MANAGER
Better Life Foundation India

Publicity



Niyaz M.A
MEDIA HEAD
Better life foundation India

Documentation



Anurag Mundakai
PROJECT MANAGER
Better Life Foundation India

Event



Devika.T
PROGRAM COORDINATOR
Better Life Foundation India

Mentor



Dr. Muralidharan
FORMER HEAD OF SOCIAL SCIENCE
ICAR-CPCRI, Kasaragod



🌐 www.betterlifefoundation.in

✉ info@betterlifefoundation.in

📍 Better Life Foundation India Office,
Sandal City Building, Vidyanagar,
Near Krishna hospital, Kasaragod,
Kerala - 671123

Contact :

+91 8113030112

+91 8089891010

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2026

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+91 8129833312



www.nutritionconclave.org



nutritionconclave@gmail.com